



CITY GUIDE

SPRING 2021

Heritage Grant Program Accepting Applications

Page 3

New Waste Regulations

Page 10

Citizen Satisfaction Survey Results

Pages 38-39



ST. JOHN'S

www.stjohns.ca

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Councillor at Large
 Seat currently vacant,
 will be filled in 2021
 Municipal Election



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Councillor at Large
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Contents

Heritage Financial Incentives	3
Awards.....	4-5
2021 Waste Calendars	6-7
Waste & Recycling	8-11
Property Assessment	12-13
Get Your Lawn Ready	14-15
Parking Restrictions	16
REAL Program	18
Inclusive Services	19
Recreation Registration	20
Facility Rentals	21
Swimming and Fitness	22-26
Outdoor Programs	27
Summer Employment	28-29
Children & Youth	30-31
Adult & Older Adult	32-35
Access St. John's.....	36
Animal Adoption	37
Citizen Satisfaction.....	38-39

City Guide

Information and stories about the programs and services of the City of St. John's; produced quarterly and distributed via mail to all households in the capital city.

If you do not wish to receive unaddressed mail including the City Guide, put a note on or in your mailbox stating you do not wish to receive Canada Post Neighbourhood Mail™.

If you continue to receive unaddressed advertising after you have placed the note on your mailbox, submit a service ticket at canadapost.ca or call Canada Post Customer Service at 1-866-607-6301.

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Support in Heritage Areas

The Heritage Financial Incentives Program is intended to defray some of the development cost difference associated with maintaining and conserving designated Heritage Buildings and buildings located in the City's designated Heritage Areas.

The program is open March 1 to May 1 each year.

Applications must include:

- a completed application form; at stjohns.ca/forms-permits look under 'Development Applications and Building Permits'
- photos of the property
- a description of, and two validated quotes for the work to be completed.

Applications may include work completed in the past if the grant application is received within two years of the date the building permit was issued.

Heritage Maintenance Grant

For the maintenance and repair to façade elements abutting a public street. A grant of up to 25 per cent of the material and labour costs will be available to a maximum of \$1,000 per building, per calendar year.

This may include but is not limited to:

- work to conserve the exterior such as: dormers, windows, doors and decorative features;
- work to reconstruct missing exterior elements;
- repainting of exterior elements; and
- replacement or repair of roofing shingles, rain gutters, downspouts, flashing, exterior caulking and chimneys to prevent further deterioration.

Heritage Conservation Grant

For the preservation, restoration and/or replacement of façade elements abutting a public street. A grant of up to 25 per cent of the material and labour costs will be available to a maximum of \$5,000 per building, per calendar year.

This may include but is not limited to:

- preservation of existing exterior architectural elements such as windows and doors, cladding, architectural trim and other significant features;
- restoration of exterior architectural elements which have been lost; and
- replacement of existing exterior architectural elements that still exist but which are beyond preservation or repair.

If you have questions, or for more information, visit our website, email planning@stjohns.ca or call 570-2041.



2020 Senior Youth of the Year Award winner Lauren Dibbon (left photo) and Junior Youth of the Year winner Tyler Hayley (right photo) were presented their awards by former Deputy Mayor and business leader Ron Ellsworth and Mayor Danny Breen.

Awarding Community Betterment

Throughout the year, the City of St. John's celebrates and recognizes the outstanding achievements of individuals, teams, groups and businesses in a variety of areas.

From heritage to tourism to volunteerism, the City is proud to recognize individual and group contributions towards making St. John's a place where people are connected, contributing and making our municipality the kind of place where people want to work, live, play and visit.

Volunteer

The City of St. John's values the contributions of volunteers and the impact they have on the community as a whole.

The Building Healthy Communities Volunteer Award recognizes residents of any age who contribute to making St. John's a better place to live, work and play.

Do you know someone who gives without condition? Who volunteers countless hours to their cause? Or a community group that is making a difference each and every day? Do you know a group or individual that is instrumental in creating our reputation as being one of the best places to visit in the world? Consider nominating them for a City award.



Find nominations forms at: stjohns.ca
 > Living in St. John's
 > Forms and Applications
 > Awards

The award is open to St. John's residents in categories: Youth, Community Group and Adult/Senior. For more details email volunteer@stjohns.ca or call 576-8630.

Award recipients are recognized during National Volunteer Week April 18-24, 2021.

2021 Nomination deadline: Friday, March 26



VOLUNTEER TODAY!

Give back to your community and build relationships with others all while having fun. For more information or for a Volunteer Application contact us.
576-8630 volunteer@stjohns.ca



Tourism

The City of St. John's Tourism Awards is a yearly celebration of the best our City has to offer visitors.

The COVID-19 pandemic meant 2020 was a challenging year for the tourism industry all over the world, and the impacts were also felt in St. John's: there were no cruise ships in our port, large scale special events and sporting events were cancelled and unfortunately many tour operators temporarily or permanently closed their doors.

As a result of this extraordinary year and the significant challenges and impacts on the tourism industry, the City of St. John's has modified the presentation of the Tourism Awards for 2020 to present only the pinnacle Legend Award that recognizes an individual or group who has made significant contributions to the enhancement of tourism in St. John's.

Recipients of the Legend Award are recognized for their contributions to the Tourism Industry in St. John's over a lifetime, not just one year.

2021 Nomination deadline: Friday, April 9

Youth

The City of St. John's Junior and Senior Youth of the Year Awards were developed by the Youth Advisory Committee and are open to St. John's residents between the ages of 12 to 18 years-old.

The Youth of the Year Awards are designed to honour young people in the community, who through their volunteer contributions, extracurricular activities and community involvement have helped to make St. John's a better place to live.

Senior

The City of St. John's recognizes a senior citizen, age 60+, who has made significant volunteer contributions by improving the quality of life of citizens through community involvement including but not limited to music, sports, recreation, arts and/or community service.

This award is generously sponsored by Kenny's Pond Retirement Living.

2021 Nomination deadline: Friday, May 7



Tourism Awards are presented annually, recognizing the best contributions to the local tourism industry.

Each winner receives a recognition award as well as a cash award sponsored by former City Councillor and community leader Ron Ellsworth. Award presentations take place during Youth Week celebrations in May (see page 31).

2021 Nomination deadline: Thursday, April 15



2020 Senior of the Year Award recipient Margaret Thorne (second from right) was presented her award by (from left) Recreation Coordinator Robyn Dobbin, Councillor Deanne Stapleton and Mayor Danny Breen.

A Area 1A to 5A, 2021

Curbside Collection

Learn your area at curbitstjohns.ca or call 311 or 754-CITY (2489).

Waste must be at the curb between 6 and 8 a.m. on your collection day only.

After a storm or holiday, cancelled collections will take place the next day, making for a 'double day'. No other collection areas are affected.

For Automated Garbage Collection Areas—Garbage carts must be placed properly to ensure garbage collection. Garbage carts must be placed properly to ensure collection.

For Non-Automated Garbage Collection Areas—Garbage must be completely covered from April 1 to Nov. 30

From May 3 to December 3 yard waste must be in paper yard waste bags and put at the curb on your recycling day.

Area	Normal Garbage Day	Garbage/ Recycling	Garbage/Yard Waste/Recycling
1A	Monday		
2A	Tuesday		
3A	Wednesday		
4A	Thursday		
5A	Friday		
	Holiday	H	H

January				
M	T	W	T	F
				1 H
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

February				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26

March				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

April				
M	T	W	T	F
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May				
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17	18	19	20	21
24 H	25	26	27	28
30				

June				
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14	15	16	17	18
21	22	23	24	25
28	29	30		

July				
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12	13	14	15	16
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26	27	28	29	30

August				
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30	31			

September				
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October				
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29	30			

December				
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13	14	15	16	17
20	21	22	23	24
27 H	28 H	29	30	31

B Area 1B to 5B, 2021

Curbside Collection

Learn your area at curbitstjohns.ca or call 311 or 754-CITY (2489).

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5B	Friday		
	Holiday	H	H

January				
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				1 H
4	5	6	7	8
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February				
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8	9	10	11	12
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1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

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5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

May				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24 H	25	26	27	28
30				

June				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

July				
M	T	W	T	F
			1 H	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

August				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

September				
M	T	W	T	F
		1	2	3
6 H	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

October				
M	T	W	T	F
				1
4	5	6	7	8
11 H	12	13	14	15
18	19			

Waste & Recycling



Confused about your Garbage & Recycling Schedule?

There's an app for that!

Waste collection routes have been improved to offer the most efficient use of our resources while better serving all residents, including in new or expanded residential areas of the city.

On February 1, 2021 approximately 15,000 households had a new or modified collection day. For some this meant a change in their regular garbage collection day, a change in their recycling week, or both.

You'll never miss your collection day if you use our app St. John's Waste and Recycling.

Whether you have a smart phone or not, we offer a FREE service where you can sign up to receive weekly reminders of your garbage and recycling collection days. Choose what kind of reminder you want and when you get it!

Reminders can be sent to you anytime of the day or night by:

- Email
- Text message
- Twitter direct message
- Phone call (automated message)

Go to curbitstjohns.ca or call 311 or 754-CITY (2489) to sign up for reminders.

Whether you have the app or the reminder service, you will be sent alerts by 7 a.m. on storm days so you will know if you should put your garbage and recycling out for collection or not.



Keep Recyclables Out of your Garbage

Put recyclables in blue bags and we'll collect them at the curb every second week on your recycling day.

Common household waste that can be recycled at the curb:

Containers

- milk and juice cartons
- tin cans and aluminum
- plastic containers that food comes in, including clamshell containers
- cleaning supply bottles (ie. bleach and laundry detergent)

Papers

- newspapers, flyers and junk mail
- magazines and soft cover books
- boxboard (ie. cereal/cracker and frozen food boxes)
- cardboard (in a blue bag OR bundled maximum size 2' x 2' x 1')

Recycle your Cardboard

Cardboard is a valuable commodity in high demand in recycling markets. More cardboard is being generated these days, much of it using recycled content, due to the increase in delivery of online shopping items.

Put Waste in its Place

It's likely you handle waste each day. Waste is merely something you don't want any more; whether it's an empty pop can, a 'too tight' t-shirt, or a broken lawn chair. But how should these items be disposed of properly?

Using Put Waste in its Place is easy. Simply type the name of the item in the search bar and once you hit enter and it will tell you the options for disposal.

If your item isn't listed, with one more click you can suggest we add it to the database. Our staff will receive your suggestion and if it's appropriate we'll add it to the lookup so everyone will benefit.

Use Put Waste in its Place:

www.curbitstjohns.ca
app St. John's Waste & Recycling

Garbage Covering

For residents who do not have an automated garbage collection cart, bags of garbage at the curb must be completely covered from April 1 to November 30 each year.

Covering garbage at the curb helps prevent seagulls, crows and dogs from accessing and tearing apart the bags and spreading garbage in your neighbourhood.

Acceptable garbage covers and bins

City-issued automated garbage cart

Net; maximum mesh size 2.5 cm by 2.5 cm (1 inch x 1 inch)

Blanket

Plastic bin* or metal can*

*Tie lid/cover to the container

Unacceptable covers

Tarps are not acceptable as they can blow away and litter your neighbourhood or interfere with traffic.

Fixed boxes attract rodents, interfere with snow clearing and are not allowed at the curb in St. John's.



No More Than Four

On January 11, 2021 City Council approved a new, comprehensive Sanitation Regulations Bylaw that outlines the proper disposal of residential waste in St. John's.

Four Garbage Bag Maximum

For households without a City-issued garbage cart, a new bag limit is coming into effect on March 1, 2021.

The bag limit – the number of garbage bags you can put at the curb – is now a maximum of 4 regular size garbage bags. There is no limit on the number of blue bags of recycling put at the curb.

This change will not affect those with City-issued garbage carts as the carts hold approximately 4 regular size garbage bags. A reminder that the lid of the cart must be closed and additional bags are not to be placed outside the cart.

Getting to Four Bags

We anticipate some residents may need a period of adjustment to get used to these new regulations. Our staff aim to take an understanding and flexible approach as these regulations are introduced.

Increase your curbside recycling - we have many resources on our website curbitstjohns.ca to learn what and how to properly recycle at the curb in St. John's – including our Put Waste in its Place lookup (see opposite page).

You can also contact us to request more information; Waste Diversion staff can help with any recycling or garbage questions: call 311 or 754-CITY or email curbit@stjohns.ca.

Clear Bags in 2022

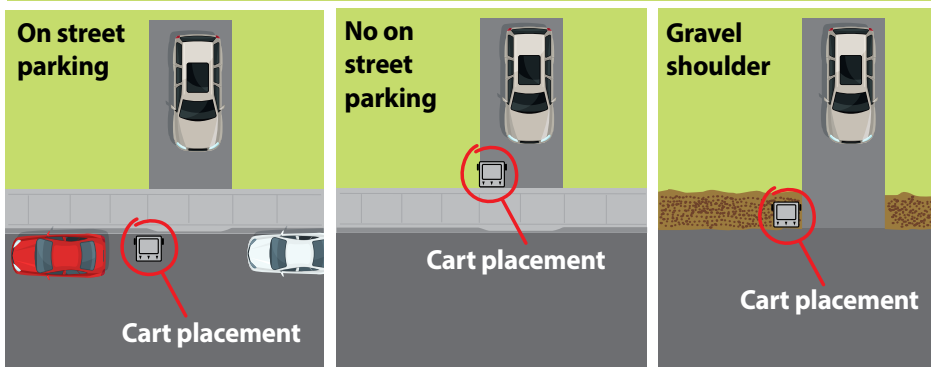
Curbside recycling will be mandatory in St. John's. This means curbside recyclables will not be allowed in garbage bags and must instead be in see-through blue bags and put at the curb on recycling day.

Beginning January 1, 2022 clear bags (colourless, see-through) will be required for garbage; this applies to both those who use the City-issued garbage bins and those without who place bags at the curb on collection day.

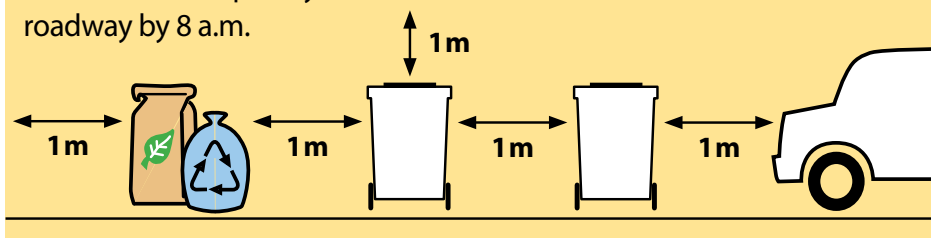
One 'privacy bag' will be permitted per week; a privacy bag is a coloured or non-translucent bag for items you don't want others to see.

Do Not Block Pedestrians

The new regulations address where to place garbage, both bagged and in carts, so as not to impede or obstruct pedestrians, vehicles or snow clearing operations. This also includes NOT putting garbage carts or bags on sidewalks.



Lid must be completely closed. Arrows on lid of cart must face the roadway by 8 a.m.



Intentions of the new bylaw:

- to include service additions including curbside recycling and yard waste collection;
- to make it clear where to place and not place your cart or bags, such as not on sidewalks to obstruct pedestrians;
- to encourage recycling to divert useable waste from the landfill and to extend the life of the current landfill; and
- to improve safety for staff collecting waste at the curb and at the landfill.

Curbside Recycling

RECYCLE IN THREE SIMPLE STEPS

1

Sort it

- Sort recyclables into containers and papers.
- Rinse food containers and milk cartons.
- Remove straws from containers and wrap, plastic or Styrofoam from boxes.



2

Bag it

- Place paper and cardboard in one see-through blue bag and containers in another.



3

Curb it

- Put your blue bags at the curb on your recycling day.





Changes are Coming to Property Assessments

2021 is the final year of the current three-year cycle of property assessments in St. John's. Beginning in 2022 all property assessments will be in effect for two years, rather than three.

This summer, property owners in St. John's will receive an assessment notice of the estimated market value of the property. This value will be used to determine your property tax bill for both 2022 and 2023.

There are many details on your property assessment notice; some of the most important items are:

Base Date

For the purpose of assessment and taxation, the City of St. John's must determine the market value of all property within the city as of a single date, known as the base date. The base date for the 2022 assessment notice is January 1, 2020.

Assessors will determine the market value of every property as of this date. This market value is a retrospective (historical) value, not a current value.

When reviewing your assessment notice it is important to know this represents what the property is worth as of January 1, 2020 - not what the property is worth today.



Assessment Value

The value indicated on the assessment can be broken down into categories:

- Vacant land
- Residential Realty
- Commercial Realty
- Exempt

Each of these items are combined for the overall, or total, assessment of a property.

If you have questions about the assessed value of your property contact the Assessment Division at assessment@stjohns.ca or 576-8929 and an assessor will be happy to discuss any questions you have.

Appealing an Assessment

Property owners who have questions about their assessment are encouraged to reach out to the City's Assessment Division to review and discuss.

Property owners who disagree with their assessment have the right to appeal to the Assessment Review Court. When submitting an assessment appeal it is important that information be completed in full including:

- Providing the grounds for the appeal.
- Contact information (phone and/or email) to ensure that the City can contact you with details regarding your appeal. It is important to provide contact information as the first step in the appeal process is a review of the property. During this step an assessor will contact the owner to review property information; this may include an inspection of the property.
- Payment of the appeal fee: \$60 for residential properties and \$200 for commercial properties. If the appeal is successful the appeal fee will be returned.
- It is important to ensure that your appeal form and payment is received by the City Clerk's office by the appeal deadline. Appeals received after the deadline will not be processed.

Appeal Hearing

During 2020 the City of St. John's began to offer appellants the option to appear at the Assessment Review Court in person or virtually.

This practice will continue for the 2021 appeal period. When submitting an assessment appeal the property owner will be asked to select to either appear in person or virtually.

Reading your Notice of Assessment

- 1 Base Date** - Assessed value of your property on Jan. 1, 2020
- 2 Date of Assessment** - Date assessment notice is issued
- 3 Effective Date** - Date assessment value is applicable for taxation purposes
- 4 Vacant Land** - The value of any vacant land assessed
- 5 Residential Realty** - The value of any residential realty such as detached single family dwellings, condominiums, row houses, etc
- 6 Commercial Realty** - The value of any commercial realty such as retail, warehouses, etc
- 7 Name and address** of registered owner of the property
- 8 Address** of the property for the assessment
- 9 Number of water units for a given property** - Multi-unit properties may have more than one water unit

Notice of Assessment

Parcel ID 99999 Tax Map # 99-999-9-9999-999-9

1 Assessment Base Date January 1, 2020 **2** Date of Assessment June 1, 2021 **3** Effective Date January 1, 2022

4 Vacant Land	5 Residential Realty	6 Commercial Realty	Exempt	Total
-	220,800	-	-	220,800

7 JOHN DOE
123 CITY STREET
ST. JOHN'S, NL A1A 1A1

9 # Water Units = 1

8 The above assessment is for property located at : 123 CITY STREET

Assessment of real property
17. (1) An assessor shall assess real property at actual value.
(2) The actual value of the real property under subsection (1) shall be made by determining the actual value of the real property as of the base date.
(3) In forming an assessment for the purpose of subsection (1) an assessor shall have regard to the assessment of other properties in the city or municipality being assessed to ensure that the taxation falls in a uniform manner upon the real property that is subject to taxation in the city or municipality.
(4) An assessor may assess buildings, structures or portions of them that are in the process of construction, alteration or enlargement at actual value and include the assessment on the next annual assessment roll.

If you wish to appeal this assessment, complete this form and return the entire notice, along with the Appeal Filing Fee to :
Clerk of The Assessment Review Court PO Box 908, 4th floor City Hall, St. John's NL A1C 5M2

I hereby appeal to the Assessment Review Court against the assessment of the above noted property on the following grounds:

Name(s) _____ Phone # _____
E-mail _____

I / We will represent Ourselves OR Outside Resources/Firm

If an outside firm:
Company Name _____ Contact Name _____
Email _____ Phone # _____

All correspondence should be referred to Ourselves OR Outside Resources/Firm

Please advise of your preferred choice of hearing Virtual OR In-Person (default if not specified)

Signature _____

The final date for acceptance of an appeal against this assessment is August 30, 2021.
Appeal Filing Fee : \$ 60.00 payable by Cash, Cheque, Money Order, Debit or Credit Card.
If you are paying by credit card, please see "Privacy & Security" notice on back of form.
(Made payable to The City of St. John's)

See Over:



Wake Up Your Lawn After Winter

By Leon Organ
Sport Field Maintenance Supervisor, City of St. John's

After a long winter's sleep, your lawn needs some attention to get an early start on the growing season.

Once the grass on your lawn starts showing, follow these basic steps to have your lawn looking great and healthy in no time - all without the use of chemicals.

Dethatch



Grab a rake and start dethatching your lawn as the fall grass has withered and died and needs to be removed. If not removed it may contribute to an excessive layer of thatch. While some thatch is good for your lawn as it will help with moisture control, too much can stunt grass growth.

Snow that lingers on your lawn can also cause patches of dead grass to mat together and lead to snow mold - a

type of fungus and turf disease that damages or kills grass after the snow melts. Snow mold can stop new grass shoots from breaking through the dead grass mats.

While raking, take the time to inspect for damage from insects and weeds.

Aerate & Overseed

Aerating your lawn is important especially if it has a lot of traffic. Moss growth thrives on compacted soil and aeration helps loosen the soil so that water, air and nutrients get into the turf.

Aeration involves perforating or piercing the soil with small holes or by removing small plugs of thatch and soil from the lawn. Tools for aerating soil are often available for rent or purchase, check local home improvement businesses or rental agencies.

While aerating your soil it is also a good time to do an early overseeding of your lawn. Grass seed will go into the holes left behind by the aerator and get an early start sprouting.

A good blend of seed to use is a mixture of Perennial Rye and Kentucky Bluegrass:

- Rye seed germinates quickly and will out compete weeds for establishment in the lawn
- Kentucky Bluegrass provides a nice lawn surface for the rest of the growing season



Soil Test

Have a soil test done on your lawn. The results from a soil test are very important in determining what your lawn will need throughout the year.

Not only will you know what your lawn is lacking in essential nutrients like nitrogen, phosphorus and potassium, it will also let you know how acidic your lawn is. From this, you can select a fertilizer that suits your needs and help you determine how much lime to add.

Home gardener soil tests are conducted by the Soil, Plant & Feed Laboratory of the Department of Fisheries, Forestry and Agriculture. Go to gov.nl.ca/ffa for more information or call 729-6738.



Mow

Take care of your main garden tool, the lawn mower. Make sure it is tuned up and ready to go before the weather warms and grass starts growing.

Sharpen the blades as a dull blade will tear and pull the grass rather than cut it. Lawn growth will be impeded if the grass shoots are damaged and can result in the appearance of brownish tips.

A good rule of thumb is to mow your lawn at a height of approximately 5 cms (2"). This is the optimum height for most grass species; avoid removing more than one third of the blade of grass at any one time. If the lawn is overdue for a cut, a couple of successively shorter mowings spaced days apart is better than mowing a large amount all at once. And while you're at it - mulch those clippings instead of bagging or raking - it's free fertilizer!

Definitions

Turf: also called sod, includes grass and the part of the soil beneath it held together by its roots.

Thatch: a combination of living & dead plant matter that gathers around the base of grass plants. Grass clippings do not contribute to thatch buildup as they are easily broken down by soil microorganisms.

Overseeding: planting or spreading grass seed directly into existing turf, without tearing up the turf, or the soil.

Life can be hard, finding help doesn't have to be.



When you need
community support.

Dial 2-1-1
or visit 211.ca

- Financial Aid
- Women's Shelters
- Food Security Programs
- Resource Centres
- Mental Health Support
- Newcomer Support Services
- Indigenous Services
- Housing Services
- Senior Programs
- and more

Dial **2-1-1** to get support for life's challenges.

Available 24/7 | 365 days a year | 170+ Languages | Free and Confidential

#HELPSTARTSHERE



For more information go to 211.ca



Winter Parking Restrictions

To safely and effectively clear snow from streets the City of St. John's restricts parking on streets by area, time of day, and/or dependent on operational requirements.

Violating winter parking restrictions can result in a ticket being issued or the vehicle being towed.



For more details of each winter parking restriction, check our websites:

stjohns.ca/snow

map.stjohns.ca/snow

No Parking-Snow Route

From December 1 to March 31 parking is prohibited 24 hours a day, regardless of snow/street conditions, on streets with designated Snow Route signs.



Downtown Snow Removal

Scheduled as required **NEW** time: 11 p.m. to 6 a.m.

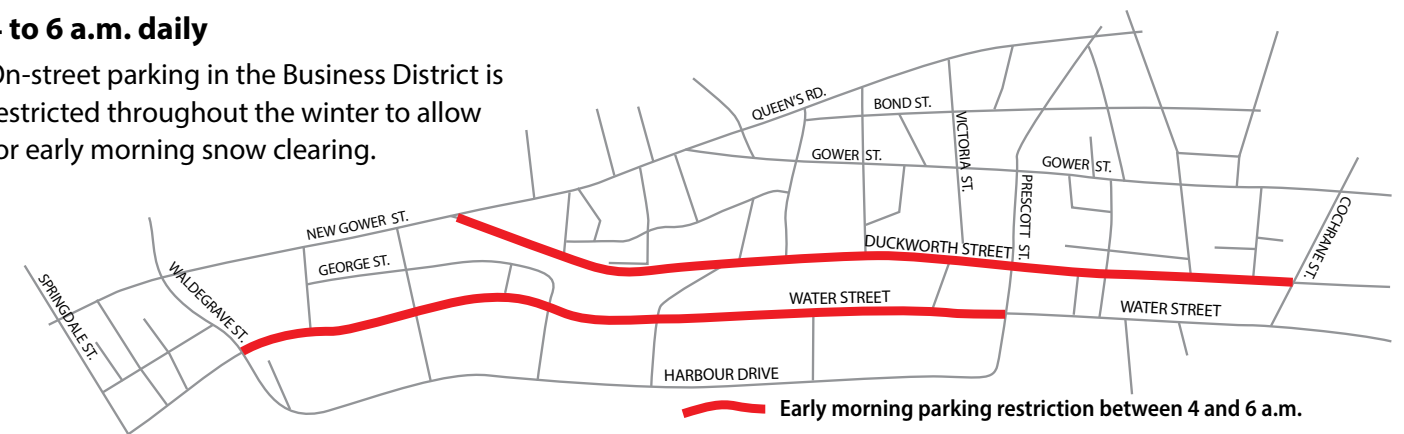
On-street parking in the Downtown is occasionally restricted throughout the winter on streets which are scheduled for snow removal.



Business District

4 to 6 a.m. daily

On-street parking in the Business District is restricted throughout the winter to allow for early morning snow clearing.



Outside the Downtown and Business District

In effect 12:30 to 7:30 a.m. daily. The on-street parking restriction outside the Downtown and Business District is in effect throughout winter regardless of snow or street conditions.

NEW 24-Hour Parking Restriction

Implemented as operationally required outside the Downtown and Business District. The Deputy City Manager of Public Works can implement a 24-hour parking restriction outside the Downtown and Business District when necessary for snow clearing and/or snow removal. When in effect vehicles cannot park on streets outside the Downtown and Business District area at anytime. Sign up for daily email reminders at stjohns.ca/eupdates.



Athletics NorthEAST running club regularly donate to REAL, including with equipment drives.

The Grinch visited staff at the Mews Centre to let them know he made a donation to REAL rather than send cards.

REAL Program

The holiday 'Gift of Play' giving campaign received \$3,912 in donations for the REAL Program – a sincere and big thank you to all who contributed.

It costs, on average, \$100 to place a child/youth in a recreation or leisure program for one season. Donations made through the Gift of Play mean 39 children will soon take part in a program of their choice - and that wouldn't have been possible without the financial support given by the community.

The REAL Program is privileged to give children and youth in financial need the opportunity to participate in sport, art and music programs of their choice. This involvement has significant positive impact on the kids enrolled in the programs, and for their guardians and families as a whole.

The City of St. John's supports REAL by providing staff to administer the program, ensuring 100% of all donations go directly toward supporting children and youth.

It is monetary and in-kind donations by individuals, businesses, community groups and organizations that provide all the placements offered.

Donations to REAL are accepted and appreciated at any time of the year. There are several ways to make a donation and become a REAL supporter:

Call 576-8684

Email real@stjohns.ca

Online stjohns.ca/real

In person

H.G.R. Mews Community Centre

Paul Reynolds Community Centre

Access St. John's, City Hall

Lester's Farm Market (Pumpkinfest)

Lester's Farm Market donated \$5,752 to REAL from proceeds of the 19th annual Pumpkinfest. We are grateful for this donation that will provide 58 local children and youth with recreation and leisure opportunities. Since 2005 Lester's Farm Market have donated over \$155,000 to the REAL Program.

Athletics NorthEAST Running Club

The REAL Program was delighted to receive a donation of \$250 from Athletics NorthEAST (ANE) Running Club which provided two placements. We value ANE's continued support to the REAL Program including equipment drives at the annual Cape to Cabot road race.

City of St. John's Staff

In lieu of giving co-workers holiday cards, some City employees made donations to the REAL Program and sent virtual season's greetings to each other instead. Throughout 2020 City employees have donated over \$5,000 to the REAL Program through payroll deductions, deposit-return recycling and Pink Shirt Day initiatives.

Inclusive Services

We can help provide support to participate in City of St. John's recreations programs.

Contact us

For more information about any of these programs or services:
576-4450
inclusion@stjohns.ca

Program	Inclusion Registration Date
Easter Camp	February 1
After School Programs	March 1
Pre-School Programs	March 1
Summer Programs	March 17

Inclusion support Applications can be found:

Online stjohns.ca > Living in St. John's > Forms and Applications > Recreation
At the Paul Reynolds Community Centre or the H.G.R. Mews Community Centre

Ever Active

A low impact fitness class that allows participants to work at their own pace to improve muscle conditioning, flexibility and endurance while standing or using a chair as support. Learn more at stjohns.ca/RECconnect.

Adaptive Equipment Loan Program

We have equipment that can assist people with disabilities to participate in recreation and leisure activities. Contact us to borrow our equipment – free of charge!

Fit Finders

Offered winter, spring, and fall to groups who encounter ability related barriers. Participants are given the opportunity to experience recreation and leisure activities within a safe, supportive environment, with dedicated and experienced recreation staff. Learn more on our website.

Attendant Pass

Persons with disabilities who require the support of an attendant to accompany them to events, may apply for an attendant pass.

Financial Support

Financial support is available for individuals facing financial barriers to participate in City of St. John's, Recreation Division activities. Request for children/youth are referred to the REAL program.



For details visit: stjohns.ca
> Living in St. John's
> Recreation and Parks
> Inclusive Services

Recreation



Registration

Due to the COVID-19 pandemic and the uncertainty of physical distancing requirements in the coming months, the City of St. John's spring programs may be postponed, adapted for reduced capacity or cancelled at any time. For the most current program and service offerings please visit stjohns.ca/RECconnect.

	St. John's residents	Residents of other municipalities
Spring Programs, Easter Day Camps	7 a.m., Thursday, March 4	7 a.m., Tuesday, March 9
Spring Swimming Preschool and After School (2021-22)	7 a.m., Thursday, April 8	7 a.m., Tuesday, April 13
Save the Date	Summer Programs	7 a.m., Thursday, May 6
	Summer Swimming	7 a.m., Thursday, June 24

Registration Options



Online: stjohns.ca/RECconnect



In person:

- H.G.R. Mews Community Centre, 40 Mundy Pond Road
- Paul Reynolds Community Centre, 35 Carrick Drive

No telephone registration available until after 10 a.m. on registration day.



Whether you register online, over the telephone or in person, you must ensure your account is activated and up-to-date at least 72 hours before the registration time. Call 576-8499 or 576-8631, drop by or at stjohns.ca/RECconnect.

Wish List

Add the courses you want to your wish list for quick access on registration day.

Course Codes

For easy access to the courses you want, use the five-digit course code when adding to your wish list or registering.

Waitlists

Our waitlist is not prioritized. If a spot becomes available, all on the waitlist are contacted by email and the spot is filled on a first come, first served basis.



Program Ages

To register for most programs participants must be the age listed on December 31, 2021.

Cancellation

The City, at its discretion, may cancel programs at any time including but not limited to COVID-19 guidelines, low registration and/or instructor availability.

Rent a Facility

City facilities can be booked for a variety of functions. Limited space is available due to the COVID-19 pandemic.

Facility	Details
H.G.R. Mews Community Centre 40 Mundy Pond Road 576-8499	<ul style="list-style-type: none"> • Gym • Kitchenette • Multi-Purpose room
Paul Reynolds Community Centre 35 Carrick Drive 576-8631	<ul style="list-style-type: none"> • Gym • Multi-Purpose room • Kitchenette • Meeting Room
Kenmount Terrace Community Centre 85 Messenger Drive 576-6112	<ul style="list-style-type: none"> • Gym • Kitchen • Multi-Purpose Room • Meeting Room
Southlands Community Centre 40 Teakwood Drive 364-5129	<ul style="list-style-type: none"> • Multi-Purpose room • Kitchen • Meeting room
Shea Heights Community Centre 130 Linegar Avenue 576-1023	<ul style="list-style-type: none"> • Multi-Purpose room • Kitchen
Kilbride Lions Community Centre 34 Fahey Street 368-0250	<ul style="list-style-type: none"> • Multi-Purpose room • Kitchen
Cabot 500 Theatre Bowring Park recreation@stjohns.ca	<ul style="list-style-type: none"> • Outdoor theatre accommodates 750
Rotary 'Sunshine' Park Chalet Thorburn Road recreation@stjohns.ca	<ul style="list-style-type: none"> • Multi-Purpose Room • Kitchen with dishwasher • Outdoor barbeque
Foran/Greene Room City Hall civicfunctions@stjohns.ca	<ul style="list-style-type: none"> • Up to 450 people, depending on seating arrangement • Kitchen



For details on programs and services visit: stjohns.ca

- > Living in St. John's
- > Recreation and Parks
- > Community Programs



Hold your birthday party at the Kenmount Terrace Community Centre.

Birthday Parties

Contact the centres for fees and availability.

- Kenmount Terrace Centre
- Shea Heights Centre
- Southlands Centre
- Kilbride Centre



Enjoy a fun game of handball at the Mews Community Centre

Court Sports

H.G.R. Mews Community Centre has two courts designed for racquetball or handball.

All court reservations can be made seven days in advance by calling 576-8499 or dropping by the Mews Centre. User must pay in advance for all court reservations.

Reservations are \$8 per 40-minute court reservation. No refunds or exchanges are permitted once a reservation is complete.

Maximum 4 players on a court at one time.



Registered Swimming

H.G.R. Mews Community Centre, 40 Mundy Pond Road
Paul Reynolds Community Centre, 35 Carrick Drive

Features

25 metre pool
1 metre diving board
leisure pool & play area (PRCC)
viewing area

Accessibility Features

mechanical pool entry
water wheelchair
accessible change room
also at PRCC only:
zero depth beach entry
water walker
shower commode

For up-to-date schedules:

Call the Swim and Fitness Line
576-8408 (Mews) or 576-8155 (PRCC)
Online stjohns.ca > Quick Links > Swim Schedules
Email recreation@stjohns.ca

Ticket purchase/registration

Ticket purchase/registration is required for all swims. Walk-in space may be available.

A REconnect account is required for ticket purchase/registration. Set up an account and purchase swim tickets at stjohns.ca/REconnect.

Registration is available one week at a time. Registration begins 9 a.m. on Saturdays, for the following week. For example: Ticket purchase is available 9 a.m. Saturday, March 13 for swims from March 15-21.

Each swim ticket costs \$3. Once swim tickets are purchased the sale is final; refunds or credits will not be provided.

Maximum of 3 swimmers per lane, maximum of 5 swimmers per 'bubble'.

Check in at the front desk before your swim.

If you require the use of accessible equipment let us know at the front desk or call ahead of time.



For details visit: stjohns.ca
> Living in St. John's
> Recreation and Parks
> Swimming

Swim Descriptions

Lane

Choose the appropriate lane – slow, medium, or fast – based on ability. Maximum of 3 swimmers per lane. Suitable for swimmers ages 13+.

Everyone Welcome and Leisure

Leisure space is available for families/bubbles. Children 12 and under must always be accompanied in the water by a 19+ year-old who must remain in the water at arms-length. Adults are responsible to ensure physical distancing of those not in your bubble is always maintained. Maximum 3 children to 1 supervisor.



The City, at its discretion, may cancel programs based on COVID-19 guidelines, registration, and/or instructor availability.

Swim Rules while Living with COVID-19

There are some changes to the way our swims are offered.

Swims look different and are offered at a reduced level at each site. Check our website for the most up-to-date information about swimming.

Face masks must be worn in all City facilities including our Community Centres. Masks must be kept on while in the change room and may be taken off once the swim/fitness class has begun and must be put back on immediately following the swim/fitness class.

Mandatory rules are in place for swimming at City pools. Specific instructions for each swim are posted and updated as required. These rules must be adhered to and if a participant does not follow the rules they will be asked to leave.

You may have to bring your personal belongings on the pool deck as lockers may not be available for use.

Please do not bring valuables; staff are unable to hold items for you and there is nowhere to safely store them.

Be prepared to get in and out of the water quickly.

Swimmers are expected to stay within their bubble during the swim and keep a physical distance of at least 6 feet (2 metres, or arms lengths) away from other swimmers not in your bubble.

Please keep a physical distance of at least 6 feet from our lifeguard staff when possible. Our lifeguards remain rescue-ready and are willing to help you as always. If physical distancing cannot be maintained, lifeguards will work to ensure everyone's safety.

Some equipment is not available for use at any site until further notice. This includes waterslides, play structures and all small equipment such as floats, toys, etc.



Questions? Concerns?




Contact Access St. John's online or by telephone before visiting City Hall.

- App 311 St. John's
- Online at stjohns.ca/contact-us
- Call 311 or 754-CITY
- Email access@stjohns.ca

Registered Fitness

The City of St. John's offers a wide range of fitness opportunities for adults, age 16+, who are looking to live a healthy, active lifestyle. All fitness classes require pre-registration. Find class descriptions and register at stjohns.ca/REconnect.

 The City, at its discretion, may cancel programs based on COVID-19 guidelines, registration and/or instructor availability.

Aquatic Fitness	Yoga:	For up-to-date schedules:
Core Balance	Beginner	Call the Swim and Fitness Line 576-8408 (Mews) or 576-8155 (PRCC)
Body Pump	Intermediate	Online stjohns.ca > Living in St. John's > Recreation and Parks > Fitness
Adults in Motion	Mixed Level	Email recreation@stjohns.ca
Ever Active	Relaxation	
TIME	Yin Yoga	

Meet New Friends While Exercising

From March to July 2020 City pools were empty due to the COVID-19 pandemic.

Although City of St. John's pools were the first in Atlantic Canada to re-open after the global pandemic shutdown, for many participants those four months were the longest they had ever gone without attending our Aquatics Fitness program.

"The pandemic meant we had to shut down our pools and cancel our aquatic fitness classes, which are one of our most popular programs," said Michael Beck, City of St. John's Sport and Fitness Coordinator.

With direction from the Chief Medical Officer of Health and new guidelines in place, City pools opened on July 2 and

aquatic fitness classes were modified to keep participants safe while getting them back into a regular exercise routine.

Many of our regular participants were delighted to see the return to their fitness regimen even with the new COVID-19 restrictions.

"We wear our swim suits and bath robes to the pool and we cannot shower but we don't care, we get to see so many of our best friends that we did not see for months," says aquatic fitness participant Maggie. "We have no hair dryers and no showers, but we are happy because we have each other."

It's great to see everyone back in the water for Aquatic Fitness classes!

"I really did not know how much our aquatic fitness classes meant to our participants until a few months into the shutdown when participants began contacting me asking when I thought the pools would reopen so they could start their aquatic fitness classes again," said Bryan Harris, City of St. John's Program Supervisor.

"It was then I realized our aquatic fitness program provides so much more than an exercise class. It creates an opportunity for community and friendship and that's incredible."

If you are recovering from an injury, trying to get in better shape or looking to meet new friends, the City's aquatic fitness classes are a great place to start.

Aquatic Fitness is Great for...

Bones and Joints

The buoyancy factor of water makes water exercise easier on bones and joints and allows a participant to engage in activities that may not be possible on land. Most people with bone or joint issues will enjoy the benefits provided by exercising in water.

Heart and Lungs

Aquatic exercise is a great cardiovascular experience and is beneficial for all fitness levels.

Injury Recovery

The buoyancy factor also provides a great environment for an exercise program for those recovering from an injury or illness. The water offers resistance which prevents sudden body movements that could cause an additional injury.

Meet New Friends

One thing is for certain, participants in aquatic fitness classes form friendships that can last a lifetime. All participants are there for the same reason – to take part in a fitness program; meeting new friends is a bonus!



Georgie and Dorothy on their way to Aquatic Fitness class at the Paula Kelly Aquatic Centre in the Paul Reynolds Community Centre.



Swimming Lessons

Canadian Red Cross now requires caregivers to be in the water with participants up to and including Level 4, for both group and private lessons.

Our swimming lesson program follows the Canadian Red Cross Swim model and runs at both the Paul Reynolds and H.G.R. Mews Community Centres from May 2 to June 26.



For details visit: stjohns.ca
 > Living in St. John's
 > Recreation and Parks
 > Swimming



Starfish / Duck / Sea Turtle

Parent & Tot lessons for 4 to 36 months of age
 Maximum 1 child to 1 adult
 1 lesson per week of 30 minutes instruction and 20 minutes stay & play
 \$36 for 8 lessons, \$31.50 for 7 (holiday)

Swim Preschool / Kids / Teens

1 lesson per week, 45 minutes
 \$52 for 8 lessons, \$45.50 for 7 (holiday)

Adult Lessons

Basic to stroke development level
 1 lesson per week, 50 minutes
 \$60 for 8 lessons, \$52.50 for 7 (holiday)

Red Cross Swim – Adapted

An aide may be required to support the swimmer in the water.
 1 lesson per week, 45 minutes
 \$104 for 8 lessons, \$91 for 7 (holiday)

Contact Inclusive Services at 576-4450 or inclusion@stjohns.ca for a Red Cross swimmer intake form, due two weeks prior to program start.

Private swimming lessons

Private or semi-private, 25 minute lesson
 Semi-private requires participants within two levels of each other.
 \$80 for 4 lessons, \$60 for 3 (holiday)
 Set 1: May 2-29
 Set 2: May 30-June 26

Aquatic Leadership

Junior Lifeguard Club

To help young swimmers, ages 10 to 16, bridge the gap between the Canadian Red Cross Swimming Lesson Program and Lifeguard certification programs.

Red Cross Water Safety Instructor

For ages 15+ to focus on how to effectively plan and teach the Red Cross Swim program continuum, a key aspect of swim instructor development.

For more details visit stjohns.ca/RECconnect.



Late winter and early spring can have great conditions for skiing and snowshoeing at Pippy Park.

Outdoor

Late winter and early spring days can have some great conditions for snowshoeing and cross-country skiing. We have ski & snowshoe rentals at the Winter Activity Centre in the North Bank Lodge at Pippy Park. Learn more details on our website and choose Ski & Snowshoe. As our days of operation are weather dependent and based on snow cover, call the **Info Line at 737-3651** to check updated facility operations.

Requiring Registration

To register search the course title at stjohns.ca/RECconnect

Learn the basics of classic cross-country skiing in a 1-hour group lesson at the Winter Activity Centre in Pippy Park.

Adult Ski Lessons, ages 18+

8-9 p.m.
 Wednesdays: Feb 24 or Mar 10
 \$14 per person, per session

Family Ski Lessons, ages 5+,

9:30-10:30 a.m.
 Sundays: Feb 28 or Mar 14
 \$34 per family (max 4 persons)
 per session

Family Snowshoeing, ages 5+

Bring your family to Rotary Sunshine Park for a stroll through a winter wonderland!

2:30-4 p.m.

Sunday: Mar 7
 \$21 per family (max 4 persons)

Navigational Skills, ages 18+

Learn how to navigate your way through the wilderness using a map and GPS and learn how to read nature's signposts.

9 a.m. - 2 p.m.
 Saturday, May 8
 Rotary Sunshine Park
 \$40 per person

Group Outdoor Programs

Outdoor programs occur at Pippy Park and Rotary Sunshine Park and are available to community, youth and school groups. Programs are customized for the age and ability of the participants. Programs offered in late winter & spring:

- cross country skiing
- snowshoeing
- archery
- geocaching
- outdoor cooking
- shelter construction
- orienteeing
- fire building
- map & compass

Corporate Outdoor Program

Introduce outdoor team building to your organization or business. We offer a variety of land, snow and water activities. Give us a call to learn of options to customize a program to best suit your needs.

For more details visit:
OutdoorCorporateProgram.stjohns.ca

Contact Outdoor Programs

Call: 576-8522

Email: outdoor@stjohns.ca
stjohns.ca search: ski & snowshoe



WE ARE HIRING

Join Our Team!
stjohns.ca/careers



City Manager Kevin Breen, then and now. He had his first job with our after school program.

many other transferable skills," City Manager Kevin Breen says about what he learned during his first job with the City of St. John's.

Once a participant of the City's summer day camps, Nicole Murphy now works with the City at the Shea Heights Community Centre.

Summer Employment with the City

Apply to join our team!

The City of St. John's hires approximately 150 staff to supervise and deliver summer programs and activities. Day camps, activity centres and outdoor pools require qualified recreation program staff, outdoor instructors and lifeguards to ensure programs are run effectively and safely.

We are looking for motivated, enthusiastic and energetic individuals who have a combination of work and/or volunteer experience and education. Applications are welcomed from a wide variety of post-secondary education fields, as well as high school students.

Successful applicants receive hands-on, practical training in a fun, team-based learning environment including:

- High Five - Canada's quality standard for children's recreation and sport
- Standard First Aid & CPR
- Leadership, professional development, team dynamics, and more.

Building blocks for the future

"Tackling problems in a team environment, communicating with parents, resolving conflict and so



In her younger years Morgan Hatcher was a day camp participant and now as staff and now as staff finds it rewarding to be a positive light in children's lives.

"I worked in the afterschool program at Wedgewood Park as a way to make some money during university but I got much more than that out of it.

My favourite memory of that time is playing floor hockey with the kids, we had so many laughs!"

Once a day-camp participant herself, Nicole Murphy started her career with the City as a Camp Counsellor and is now a Fieldworker at the Shea Heights Community Centre. "The training and guidance I obtained as a young employee certainly influenced my career choice," said Nicole.

"I attended Memorial University for two years before I decided to work toward a Bachelor of Recreation. The years spent enjoying my job as a Camp Counsellor is when I realized that this is what I wanted to pursue as my full-time career path."

Creating friendships and memories to last a lifetime

Morgan Hatcher, another former day-camp participant that now works with the City as a Recreation Counsellor. "I always loved hearing the kids I worked with say they enjoyed the program or they had a really great day or week at camp because that meant I was doing my part as a counsellor to help create a fun and positive space for kids to spend their summer days."

Working as a part of a team and building long-time friendships is a bonus for Morgan. "I am still connected with the staff I've worked with in the past. A lot of us have made it a point to get together every now and then even though we no longer work together. My summer staff co-workers and I got along really well and we had a lot of fun at work together. That's part of what

made the job so enjoyable: having a supportive team of people who work well together makes a huge difference in your experience."

Advice for young prospective employees

"Working with kids is kind of a hard adjustment to make at first, because if you are not used to being around children, it is a little bit challenging to understand their behaviour, their likes and dislikes and so on," Morgan said.

"I would say once you get through the first couple weeks on the job it only goes up from there. You end up finding out what you're really good at and you stick with it - the kids notice once you find your groove, too. It is a really great job, and it's so rewarding knowing you can be a role model and a positive light in these children's lives."

Nicole wants you to "get all the experience you can, go to different locations, work with kids, youth, seniors and adults. You may be surprised at what you find out about yourself when working with different groups of people."

"Always perform to the best of your ability and give it your all no matter what type of job you have," is Kevin's advice. "Look out for and respect your colleagues. I never imagined that the experience I gained at the afterschool program and the recommendation of the manager there would be so instrumental in kick-starting my career at the City."

How to Apply

The application deadline for summer employment opportunities is **Thursday April 1, 2021**. View all job listings at stjohns.ca/careers.



Children and Youth

Playgroups, drop in programs. All children must be accompanied by a parent/guardian.

Course	Ages	Day	Dates	Time	Location	Cost
Playgroup - Active	0-5	Tu	until Jun 8	1:30-3pm	PRCC	\$2, FREE for under 6 months
Playgroup - Active	0-5	M	Until Jun 21	9:30-11:30am	Kilbride	FREE
Playgroup	0-5	Tu Th	Until Jun 24	9:30-11:30am	Kilbride	FREE
Playgroup - Mother Goose	0-2.5	Tu	Until Jun 8	10:30-11:30am	Shea Heights	FREE
Playgroup - Mother Goose	0-2.5	M	Until Jun 7	9:30-10:30am	Shea Heights	FREE
Playgroup - Active	0-5	W Sa	Until Jun 5	10-11:30am	Southlands	\$2, FREE for under 6 months
Playgroup - Active	0-5	M Sa	Until Jun 5	10-11:30am	Kenmount	\$2, FREE for under 6 months

Preschool, for children beginning kindergarten Sept. 2021. Fall registration begins 7 a.m. Thursday, April 8.

Course	Code	Ages	Day	Dates	Time	Location	Cost
Preschool	20829	4-5	M W F	Sept 20 – Dec 10	9am-noon	PRCC	\$490
Preschool	20830	4-5	Tu Th	Sept 21 – Dec 09	9am-noon	PRCC	\$322
Preschool	20831	4-5	Tu Th	Sept 21 – Dec 09	9am-noon	Southlands	\$322
Preschool	20832	4-5	W F	Sept 22 – Dec 10	9am-noon	Kenmount	\$336

Easter Camp, registration begins 7 a.m. Thursday, March 4

Course	Code	Day	Date	Time	Location	Cost
Camp Adventure 1	20834	M to F	Apr 5-9	8am-5pm	PRCC	\$125
Camp Adventure 2	20835	M to F	Apr 5-9	8am-5pm	PRCC	\$125
Camp Adventure	20836	M to F	Apr 5-9	8am-5pm	Southlands	\$125
Camp Adventure	20838	M to F	Apr 5-9	8am-5pm	Kenmount	\$125
Camp Adventure	20839	M to F	Apr 5-9	8am-5pm	Kilbride	\$112.50
Camp Adventure	20837	M to F	Apr 5-9	8am-5pm	Shea Heights	\$112.50

After School 2021-22, registration begins 7 a.m. Thursday, April 8

Course	Code	Day	Dates	Time	Schools	Cost per month
PRCC	22615	M to F	Sep 8/21 to Jun 23/22	3-5:30pm	Mary Queen of Peace	\$350
PRCC	22616	M to F	Sep 8/21 to Jun 23/22	3-5:30pm	Roncalli	\$350
PRCC	22617	M to F	Sep 8/21 to Jun 23/22	3-5:30pm	Macdonald Drive	\$350
Kilbride	22611	M to F	Sep 8/21 to Jun 23/22	3-5:30pm	Hazelwood	\$205
Kilbride	22612	Tu Th	Sep 8/21 to Jun 23/22	3-5:30pm	Hazelwood	\$82
Kilbride	22613	M W F	Sep 8/21 to Jun 23/22	3-5:30pm	Hazelwood	\$123
Shea Heights	22608	M to F	Sep 8/21 to Jun 23/22	3-5:30pm	St. John Bosco	\$205
Shea Heights	22609	Tu Th	Sep 8/21 to Jun 23/22	3-5:30pm	St. John Bosco	\$82
Shea Heights	22610	M W F	Sep 8/21 to Jun 23/22	3-5:30pm	St. John Bosco	\$123

Healthy Family Activities	Code	Age	Day	Dates	Time	Location	Cost
Archery - Family	20648	5+	Th	Apr 15-29	6-7:30pm	Kenmount	\$63 per family (max 4 persons)
Painting – Family Night	22614	5+	Su	May 2	1:30-3:30pm	Kilbride	\$14 per family (max 4 persons)
Learn to Camp – Family	20620	5+	Su	May 16	1-4pm	Rotary	\$42 per family (max 4 persons)
Canoeing – Family	20649	5+	Su	Jun 13	10am-12pm	Rotary	\$28 per family (max 4 persons)

Leadership – requires registration

Course	Code	Ages	Day	Dates	Time	Location	Cost
Home Alone	20779	10-12	Tu	Apr 6	9am-4pm	PRCC	\$55
Babysitting Course	20780	11-15	W Th	Apr 7-8	9am-1pm	PRCC	\$55

Youth Drop Ins

Course	Ages	Day	Dates	Time	Location	Cost
Drop In	10-14	W	Until Jun 9	6:30-8pm	Shea Heights	FREE
Drop In - Girls Only	10-14	Th	Until Jun 10	6:30-8pm	Shea Heights	FREE
Drop In - Sports	10-14	Tu	Until Jun 8	6:30-8pm	Shea Heights	FREE
Drop In	10-14	M W	Until Jun 9	6:15-8:15pm	Southlands	FREE
Drop In	10-14	M W Th	Until Jun 10	6-7:30pm	Kilbride	FREE
Drop In	10-14	M & Th	Until Jun 10	6-7:30pm	Kenmount	FREE

Youth Week

The City of St. John's is proud to celebrate National Youth Week from May 1 to 7 annually.

Youth are a vital part of each community and contribute meaningful experiences through their participation in a wide variety of programs. Whether it is recreation, arts, civic engagement, drama, dance, sport, volunteerism, or leadership, their contributions help shape our city.

From May 1 to 7 we celebrate youth aged 12 to 18 by offering free events and opportunities. For all details check our webpage at stjohns.ca > Living in St. John's > Recreation and Parks > Youth Programs.

Youth of the Year is awarded during Youth Week; learn more about how to nominate a deserving young person on pages 4-5.




Adult Programs (18+)

Adult courses are for ages 18+ and requires registration (see page 20) unless otherwise noted.

Handicraft – requires registration. Basic knowledge an asset.						
Course & code	Code	Day	Dates	Time	Location	Cost
Knitting Circle	20675	M	Apr 12-May 31	10:30am-noon	Mews	\$12
Rug Hooking Poke a Mat Beginner & Advanced	20822	M	Apr 26-May 10	9am-noon	Mews	\$104 \$134 if hook & frame are needed
Rug Hooking- Finishing Techniques	22401	M	Apr 12-Apr 19	9am-noon	Mews	\$36 *for those who have taken a previous City Rug Hooking class. No materials provided.
Craft-Hello Spring Sign	20890	M	May 31	1-4pm	Mews	\$20
Craft- DIY Monthly Wall Calendar	20842	Tu	Apr 27	6-9pm	Mews	\$20

Music						
Course	Code	Day	Dates	Time	Location	Cost
Beginner Guitar	20677	Th	Apr 15-Jun 3	9:30-11am	Mews	\$54
Intermediate Guitar	20676	M	Apr 12-May 31	7:30-9pm	Mews	\$40.50
Advanced Guitar	20678	Th	Apr 15-Jun 3	11:30am-1pm	Mews	\$54
Keyboarding Beginner	20787	Tu	Apr 13-Jun 1	9:30-10:45am	Mews	\$45
Keyboarding Beginner	20786	Th	Apr 15-Jun 3	9:45-11am	PRCC	\$45
Keyboarding Intermediate	20785	Tu	Apr 13-Jun 1	11:15am-12:30pm	Mews	\$45
Keyboarding Intermediate	20784	Th	Apr 15-Jun 3	11:30am-12:45pm	PRCC	\$45
Keyboarding Intermediate	20783	Tu	Apr 13-Jun 1	1:30-2:45pm	Mews	\$45
Ukulele- Beginner	20782	M	Apr 12-March 31	10:00-11:00am	PRCC	\$27

 The City, at it's discretion, may cancel programs based on COVID-19 guidelines, registration and/or instructor availability.

Dance - for registration unless otherwise noted						
Course	Code	Day	Dates	Time	Location	Cost
Beginner Line Dance	20668	M	Apr 12-May 31	1-2pm	PRCC	\$27
Beginner & Intermediate Line Dance	20669	W	Apr 14-Jun 2	12:30-1:30pm	Mews	\$36
Intermediate Line Dance	20670	W	Apr 14-Jun 2	2-3pm	Mews	\$36
Intermediate Line Dance	20671	Th	Apr 15-Jun 3	11am-noon	Mews	\$36
Intermediate Line Dance	20672	Th	Apr 15-Jun 3	12:30-1:30pm	Mews	\$36
Beginner Ballroom Dance	20673	Su	Apr 11-May 30	6:30-7:30pm	Mews	\$36 Partner required: partner must also register
Modern Sequence Dance	20674	Su	Apr 11-May 30	8-9pm	Mews	

Technology, requires registration						
Course	Code	Day	Dates	Time	Location	Cost
Technology for Beginners	20892	F	Apr 16-May 7	9:30am-12:30pm	PRCC	\$72
Technology - Facebook Basics	20891	F	May 21	9:30am-12:30pm	PRCC	\$18

Leisure – requires registration, unless otherwise noted.						
Course	Code	Day	Dates	Time	Location	Cost
Social Time	20665	F	Apr 16-Jun 4	10:30am-12:30pm	Mews	\$16

Art – requires registration						
Course	Code	Day	Dates	Time	Location	Cost
Drawing: Birds	20846	F	May 7	6-9pm	Mews	\$18
Acrylic Painting: Dory	20843	F	Apr 16	6-9pm	Mews	\$22
Acrylic Painting: Iceberg	20844	F	Apr 30	6-9pm	Mews	\$22
Oil Painting: Blue Jay	20845	Th	May 6-20	6-9pm	Mews	\$56



Active for Life class at the Southlands Community Centre.

Older Adult Programs (50+)

Contact Us
Call 576-8490 or 576-8411
email recreation@stjohns.ca

Active for Life

This fall prevention fitness class will help older adults improve balance and flexibility to decrease the risk of falls.

Title		Days	Dates	Time	Location	Cost
Active for Life	20893	Tu Th	Apr 13-June 3	1-2pm	Southlands	\$64
Active for Life	20894	M W	Apr 12-Jun 2	1-2pm	Kenmount	\$56

Lifelong Learners

These general interest courses give participants the opportunity to continue building skills and knowledge.

Oral History and Family Genealogy

This 'Family History Project' course provides the research skills necessary to conduct interviews, locate genealogy records, and document oral history.

Instructor: Dr. Contessa Small

Life Writing and Autobiography

This course introduces techniques of life writing and autobiography, provides writing exercises, and encourages the sharing of personal experience narratives.

Instructor: Dr. Contessa Small

Title	Code	Days	Dates	Time	Location	Cost
Oral History and Family Genealogy	20663	Tu & Th	Apr 20-May 6	10am-noon	PRCC	\$48
Life Writing and Autobiography	20664	Tu & Th	May 18-Jun 3	10am-noon	PRCC	\$48



Mike and Diane Clements love attending our special events and are certainly dressed for the occasion at our Senior Prom.



Violet Lilly and Marie Barrett play the part at our Hollywood Glam seniors social.

Events and Outings

Registration must be completed at least three days prior to the event, see page 20.

Registration fee includes meal, refreshments and transportation. Call 576-8594 the evening before the event to determine the bus schedule. Pick-ups

occur from the H.G.R. Mews Community Centre and several adult and seniors apartments.

All outings are Scent Free. Individuals who wear scented products may be refused admission, at the discretion of City staff.

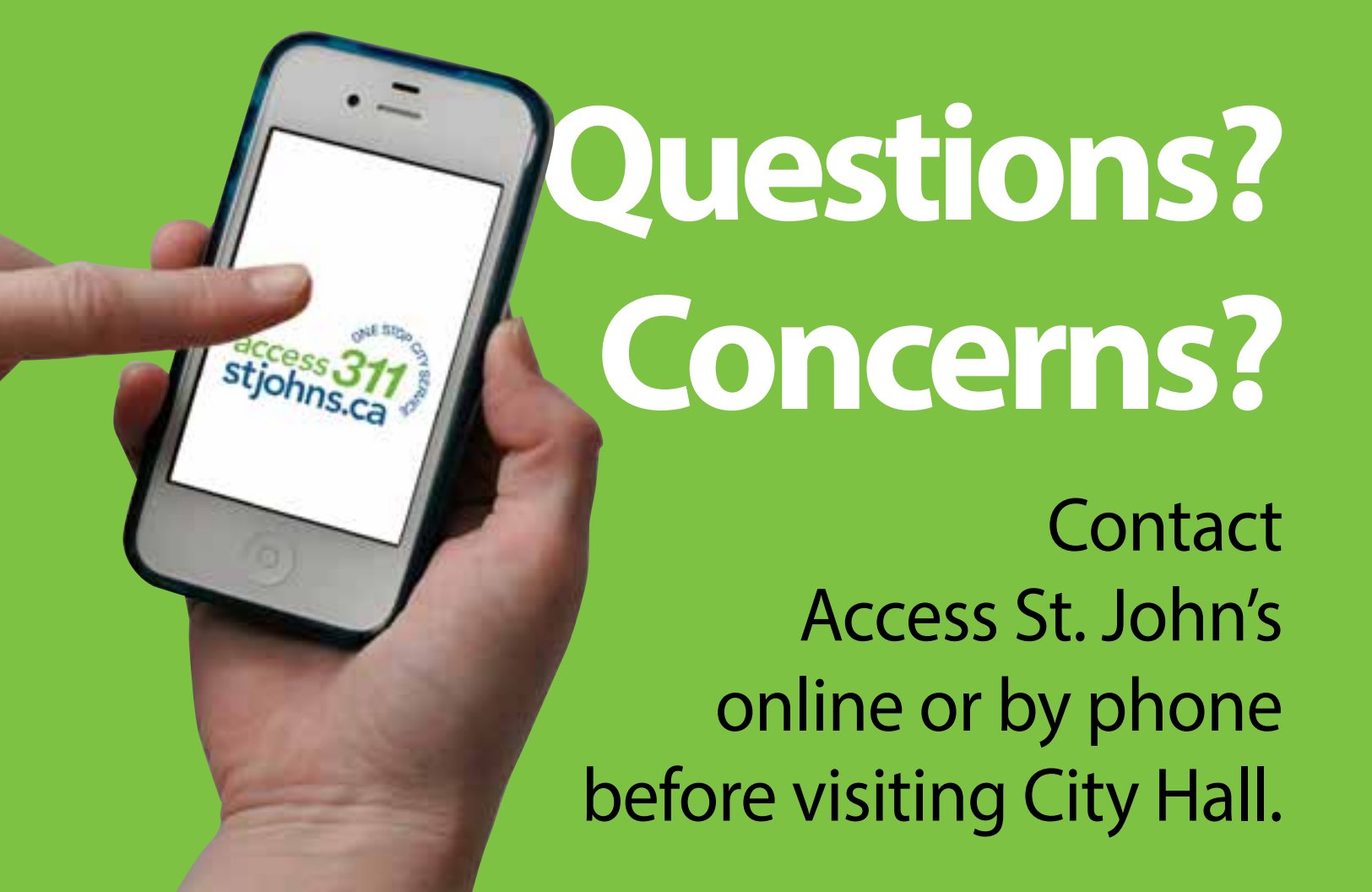
Events and Outings – requires registration (50+)						
Title	Code	Day	Date	Time	Location	Cost
Hawaiian Party	20651	Th	Apr 15	6:30-10:30pm	City Hall	\$29
						\$24 if using GoBus
Social and Bingo	20654	Th	May 6	10am-1pm	Kenmount	\$24
						\$19 if using GoBus
Senior Prom	20657	Th	May 20	6:30-10:30pm	City Hall	\$29
						\$24 if using GoBus
Outdoor Adventures	20660	F	May 28	10am-1pm	Southlands	\$22
						\$17 if using GoBus

Transportation

Transportation for special events is included in the event price. Please call 576-8594 the evening before the event to determine the bus schedule. Pick-ups occur from the H.G.R. Mews Community Centre and adult and seniors apartment complexes:

NOTE: If the bus cannot fit into the parking lot it will park at the entrance of the lot.

Bishop Meaden Manor Building # 10 Pasadena Cres Building # 25 Tiffany Lane Riverhead Towers St. George's Court Apartments Keane Place Apartments	Kelly's Brook Apartments Kenny's Park Apartments The Bristol Maplewood Apartments Thomas Estates Morgan Hollow	Mt. Pleasant Manor Victoria Manor Wigmore Manor St. Luke's
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Questions? Concerns?

Contact
Access St. John's
online or by phone
before visiting City Hall.

- App 311 St. John's
- Online at stjohns.ca/contact-us
- Email access@stjohns.ca
- Call 311 or 754-CITY (2489)



Humane Services

Frequently Asked Questions



576-6126
humaneservices@stjohns.ca
 @HumaneServicesStJohns
[stjohns.ca>Living in St.John's>Animal Care and Adoption](http://stjohns.ca/Living%20in%20St.John's/Animal%20Care%20and%20Adoption)

The City of St. John's Humane Services Division has a Facebook page where we regularly post pictures and information of our adoptable animals, pet care tips and much more. If you have a Facebook account please consider following us at facebook.com/HumaneServicesStJohns.

We regularly receive questions – many of them about pet adoption - through our Facebook page, email account humaneservices@stjohns.ca or phone number 576-6126.

Here are some of the most common pet adoption related questions we receive and their answers. If your questions aren't answered here please contact us.

What are your visiting hours?

Due to the COVID-19 pandemic public drop in is not available at the Animal Care and Adoption Centre, 81 Higgins Line. Visits are available by appointment only; contact us by telephone or email. When we are ready to re-open without appointments it will be announced on our Facebook page and the City website through a Public Service Announcement.

If you wish to meet some of our adoptable cats before submitting an adoption application, visit the Mad Catter Café where some of our cats temporarily live.

Do you have any kittens, cats, puppies or dogs available for adoption?

To view the current listing of animals available for adoption, including a picture and short profiles, visit our website and choose 'Adoptable Pets'. This page is updated regularly so that only pets in our care that are available for adoption are listed.

How do I adopt an animal from the City of St. John's?

Thank you for considering adopting a pet from our shelter! Please go to our website and choose 'Adoptable Pets'. Along with pictures and short profiles of our adoptable animals, on this page you will also find a link to our adoption applications.

Complete the appropriate application and return it by email to humaneservices@stjohns.ca. Once your application has been approved one of our staff will contact you. At that time you can make an appointment to meet our adoptable animals. You can also visit the Mad Catter Café to meet some of our adoptable cats.

I have an animal emergency...

Please call Access St. John's at 311 or 754-CITY (2498).



124 Duckworth Street
 709-552-9406
madcattercafe.com

The Mad Catter Café is a coffee house and cat lounge all in one! All cats in the lounge are available for adoption and are provided by the City of St. John's Animal Care and Adoption Centre.

You are not required to be interested in adoption in order to visit but should you fall in love with your new furry friend, staff can provide you an adoption application form.

Due to the COVID-19 Pandemic guests must reserve space in the lounge online or by telephone before visiting.



Citizen Satisfaction Up Significantly

In January 2021, Council received a report outlining the results of the City's 2020 Citizen Satisfaction Survey. Overall, the 2020 survey results show progress and improvement in some areas and note areas for future improvement and focus.

The City's first ever Citizen Satisfaction Survey was conducted in 2018 and its results provided a benchmark from which the City can measure any changes in priorities and provide ongoing performance measurement.

The 2020 survey will be used to measure any change in perceptions over time, and to evaluate the 2019 strategic plan *Our City, Our Future*. Generally, public support for our strategic directions is high, with over 77% perceiving these as important priorities for the organization.

The Survey Says...

The survey asked respondents to rate the overall importance of 20 service areas offered by the City and to indicate their level of satisfaction with each area.

Overall importance of programs and services offered by the City held relatively stable while satisfaction was up significantly for several programs including grants (+14%), traffic & land use planning (+13% each) and road maintenance (+12%).



Read the full report at:
stjohns.ca
 >City Hall
 >Our Performance
 >Citizen Satisfaction Survey



What's Important to You

Primary Areas for Improvement

High Importance, Low Satisfaction

- Road Maintenance
- Sidewalk Snow Clearing
- Road Snow Clearing
- Traffic Planning

Secondary Areas for Improvement

Relatively Lower Importance, Low Satisfaction

- Permits and Inspections
- Heritage Preservation
- Land Use Planning
- Traffic Planning
- Parking Services
- Arts/Cultural Grants
- Metrobus

Sustain and Reinforce

High Importance, High Satisfaction

- Garbage Collection
- Residential Water/Sewer Repairs
- Parks and Spaces Maintenance
- Recreation Facilities and Programs
- Curbside Recycling
- Gobus/Accessible Taxi

Watch and Maintain

High Satisfaction, relatively lower Importance

- Animal Care/Adoption
- 311/Access St. John's
- Community Events
- Yard Waste Collection

How we are doing...

Overall, interactions with the City and communications from the City saw improvements in satisfaction, while there continues to be room for growth in uptake of the City's online services as well as in allowing citizens to have meaningful input into decision making.

Residents quality of life

On a scale (1-10) rate your overall quality of life?

88% rated **7+**
that's **↑ 10%** from 2018

Satisfaction with City programs

On a scale (1-10) rate your overall satisfaction of City programs and services?

85% rated **7+**
that's **↑ 15%** from 2018

Overall value for tax dollars

On a scale (1-10) rate your overall value of what you receive for your tax dollars?

70% rated **7+**
that's **↑ 14%** from 2018

Top Performers



86% of residents say City staff are courteous, knowledgeable and helpful



83% say they get the information they are looking for when they contact the City



31% use the Curbit App and of those 87% rate it 8/10 or better.

Areas to Improve



56% feel we are doing a good or excellent job managing the City's money (+14%)



60% agree the City allows citizens to have meaningful input in decision making (+6%)



65% say we are being accountable to the public for decisions we make (+15%)

Trust

The 2020 survey also measured trust:



42% of residents say they trust the City a great deal;



45% say they trust the City a little; and



9% expressed distrust

Our Survey & Methodology

Citizen Satisfaction Surveys are used in municipalities across the country to identify strategic priorities and service needs based on resident input. Both our 2018 and 2020 Citizen Satisfaction Survey were designed by MQO Research in consultation with the City of St. John's. The City intends to conduct a citizen satisfaction survey every two years as part of its accountability framework.

The 2020 survey was conducted via telephone between October 24 and November 15, 2020. A total of 501 surveys were completed (298 landline, 203 cell) using a stratified sampling approach, resulting in an overall margin of error

of +/- 4.4 percentage points 19 times out of 20. 100 surveys were completed in each of the City's five wards and the average survey length was 21 minutes. The final results were weighted by age and gender based on the most recent census data, and by cell vs. landline.

In September 2020 the City of St. John's received World Council on City Data ISO 37120 Platinum Certification; this international recognition is awarded to cities that reach the highest standard in collecting, sharing, and using data to effectively make decisions.



**Is this door
on an
affordable
housing unit?
...does it
really matter?**

To learn more about
affordable housing:

stjohns.ca/housing

576-8196

housing@stjohns.ca

ST. JOHN'S

